EQUITY RELEASE FOR HOMEOWNERS AGED 55 AND OVER

Free equity release DVD

- Hear how others have released the money in their home without having to move.
- Find out how equity release works.
- See the positives and the negatives.

This is a lifetime mortgage or home reversion plan. To understand the features and risks, ask for a personalised illustration.

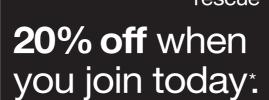
For your FREE DVD call us in Norwich on

0800 404 7137



Quoting ref: 8030/206 Lines open: Mon – Fri 8am to 7pm, Sat 9am to 1pm. www.norwichunion.com/equity-release

Details you provide may be used by Aviva Group companies for market research or contacting you about their products or set oducts or services. If you do not wish rwich Union, Freepost, Mailing Exclus market research or contacting you about their products or services. If you do not wish to receive marketing approaches please write to Norwich Union, Freepost, Mailing Exclusion Team, PO Box 6412, Derby DE1 15B. For your protection telephone calls may be recorded Lifetime mortgages are not available in the Channel Islands and Isle of Man. The Home Reversion Plan is not available in Northern Ireland or Scotland. Norwich Union Equit Release Limited. Registered in England No. 3286484. Registered Office: 2 Rouglier Street York Y090 1UU. Authorised and regulated by the Financial Services Authority.



Call RAC to the rescue on 0800 051 3651 or visit rac.co.uk

Quote ref: MIRROR. Calls may be recorded and/or monitored



HANGING AROUND WITH OTHER SMOKERS **HELPED ME QUIT**

Believe it or not, when you're trying your best to quit smoking, spending time with other smokers could be just the thing you need. That's because having the support of other smokers like you can mean you're far more likely to succeed.

Call today to find out more about groups and one-to-one sessions run by the NHS Stop Smoking Services in your area. Ask for our free 'Get Support' DVD when you call.

Call **0800 032 7252** or visit www.nhs.uk/gosmokefree



28 M Daily Mirror MONDAY 09.06.2008

Fraudsters in 'hitman' email con

SICK emails from a pretend hitman demanding £10,000 have been sent to thousands of terrified people.

Police said the chilling message threatens to kill recipients' loved ones unless the ransom is paid.

But they insist it is just an extortion scam that is sent out to random addresses.

The dodgy email warns: "Someone wants you dead. I was paid to eliminate you.

"Get back to me now if you are ready to spare your life - £10,000 is all you need."

The email from "William

Yahman" has been sent across the UK and into much of northern Europe

Det Sgt Trevor Moss, of Gloucestershire economic crime unit, said: "Our advice is to ignore it and not reply.

POVERTY

'Give £3bn more' for poor kids

THE Government must spend an extra £3billion to meet its pledge on child poverty, campaigners demand today.

Former PM Tony Blair vowed to halve child poverty by 2010 and end it by 2020.

But a report tomorrow is expected to show the Government will miss the target. Ministers believe recent

changes to child tax credit and child benefit will help 550,000 youngsters.

But the Child Poverty Action Group said a further 550,000 needed to be helped.

Chief executive Kate Green said: "The target is in reach but this is not enough to take us there. Other countries do better, why can't we?"

In 1999, 3.4 million children were living in poverty. Last year it was 2.8 million.

DEATHS

Bridgend suicide 21 'a hanging

THE 21st victim in a county plagued by suicides hanged himself, police confirmed yesterday.

Pub worker Neil Owen, 26, found hanging from a tree by his father, had been upset by the series of deaths in Bridgend, South Wales, in the yest 18 months the past 18 months.

Neil, from Bettws, never got over the death of his friend Sean Rees, 19, who hanged himself six weeks ago.

He left a message on social website Bebo, saying: "RIP Sean going to miss you so much. You and me were like brothers. It feels like there is a part of me missing now."

And a Bebo tribute to Mr Owen said: "What have you done babe!!!! Take care of Sean for me. You'll be missed so much."



SUPERMODEL Agyness Deyn is going to really strut her stuff on the Sunday Night Project this week, which also stars Pamela Anderson. Agy (right) is singing with US band Five O'Clock Heroes. Hope she sounds as good as she looks.





Beeb takes the plunge

explores the planet's vast seas.

An eight-part BBC series, Oceans, goes out in the autumn and will include an expedition to one of the world's most inhospitable locations.

The team head off on a research vessel for 12 days to assess the state of the Arctic, led by polar guide and explorer Paul Rose.
Braving the frozen wastes

with him will be environ-mentalist Philippe Cousteau

AUNTIE'S about to go

Jr - grandson of the famous
undersea explorermaritime archaeologist Dr Lucy Blue and marine biologist Tooni Mahto.

The team will also travel across the world to the Southern Ocean, the Atlantic, the Indian Ocean, the Red Sea, California's Sea of Cortez, and the Mediterranean to plumb the depths.

The explorers are already starting their story via videos and interviews at www.bbc.co.uk/oceans

Might be worth dipping into..

